



Programs and Services Guide



Our Role

The most important role that we have as a district is to assist northern communities with their sport, culture, and recreation development. All the staff at the NSCRD are available to support the communities' needs in the sport, culture, recreation, physical activity, or youth leadership areas. We are here to help connect communities with other organizations such as provincial sport governing bodies or recreational and/or cultural organizations. See the back page for the listing of NSCRD staff and contact information.

Programs and Services Guide

Communication & Governance

NSCRD Website

www.nscrd.com

Please refer to website for sport, culture and recreation grants.

NSCRD Northern Exposure

Monthly e-newsletter

NSCRD Facebook Page

Facebook

Volunteer Recognition Champaigne (NEW)

Northern Sask Rec. Professionals

A private group for community recreational professionals and volunteers to support each other.

Annual Report and Annual General Meeting

June

Community Grant Program

April 1 & October 1

The Community Grant Program assists in the development of sport, culture, and recreation programs in the community. Funds are distributed through local governments (funding based on population).

Indigenous Community Sport Development Grant

April 30 & October 30

Communities, clubs or schools access funds to build capacity to offer quality, organized sport programs for Indigenous youth. Funding for sports equipment, fees, travel and much more.

Northern Youth Cultural Fund (NYCF)

May 15 & October 15

Provides funding to cultural organizations, schools, libraries, Friendship Centres, First Nations, Tribal Councils, Métis Locals/Regions, and municipalities for cultural, artistic, or creative interactive activities for children and youth up to age 19 in Northern Saskatchewan.

Northern Physical Instructor Development Fund (NPIDF)

Ongoing

The intention of the Northern Physical Instructor Development Fund (NPIDF) is to support Communities that deliver physical fitness programs; communities are empowered and supported to assess for themselves the training and development they most need. This funding will build and/or enhance community capacity by developing physical fitness instructors in Northern communities in Saskatchewan.

Sport

NCCP Coaches/Officials Clinics and Long-Term Sport Development Year Round

The National Coaching Certification Program (NCCP) gives coaches the training and tools needed to succeed in coaching and in life. The Coaches Association of Saskatchewan provides NCCP training, as well as professional development and certification maintenance for all levels of coaching.

Sask Games Program

Biennial Summer/Winter

The Northern Sport, Culture and Recreation District partners with the Saskatchewan Games Council, host community and selected Provincial Sport Governing Bodies to host the Saskatchewan Games program every two years.

Athlete Development

Year Round

NSCRD will support northern communities to access sport development opportunities specific for athlete, coach and officials' development in a multi-sport setting.

Northern Athlete Showcase

Year Round

NSCRD looks to showcase northern athletes who work to pursue their athletic careers both amateur and professional.



Partnerships

The NSCRD will work in partnership with our global organizations (SaskSport Inc., SaskCulture Inc. and Saskatchewan Parks & Recreation Association), northern tribal/grand councils, NLSA #113, affiliated members, as well as, other sectors and organizations to support sport, culture, recreation, physical activity, and youth leadership development in northern Saskatchewan. Committee participation and/or partnerships will be formalized where appropriate.

Northern Community & School Recreation Coordinator Program

Annual Agreement

September - October

Community and school program sites are empowered through a funding partnership to hire a Community and School Recreation Coordinator (CSRC) to facilitate the delivery of community-based sport, culture and recreation programs after school, evenings, weekends and at special events, upon the guidance and direction of a local Steering Committee.

Training

October – Fall Orientation

December – High Five®
May – Spring Training
October – Fall Orientation
Bi-weekly - Zoom Meetings
NSCRD hosts training opportunities to support the work of Community and School Recreation Coordinators (CSRCs), Supervisors, their Steering Committee members and Community Partners.

Tools & Templates

A variety of tools, samples and templates are available to support communities in the successful delivery of sport, culture & recreation programs: Administration & Human Resources, Steering Committee Development, Programming and NC&SRCP Documents.

Culture

National Indigenous History month

June

June is Canada's National Indigenous History Month, celebrating the rich history and culture of the Indigenous peoples of Canada. NSCRD in partnership with MBC Radio highlighted the history and stories of Northern Saskatchewan in a special radio campaign.

Culture Days

September – October

Culture Days is a national celebration of arts, culture and creativity that takes place each fall. Its aim is to raise awareness, accessibility, participation, and engagement of Canadians in the arts and cultural life of their communities.

The National Day for Truth and Reconciliation occurs on September 30. Culture Days is committed to marking and honouring this important day.

Northern Artist & Cultural Leaders

Monthly

NSCRD supports the development of Cultural Leaders, by promoting leaders monthly on website and Facebook, gathering their contact information to build capacity.

Arts & Culture Mentorship

Ongoing

NSCRD is working with artists, cultural leaders and organizations to provide access to creative development for all ages within the district. NSCRD is currently supporting Hip Hop artist mentors ZHE the Free, Big Tones and Catfish the Wizard Youth to engage in culturally-responsive hip hop workshops and after-school/weekend recording sessions for youth to record original music.



Recreation

Rec Café

Communities meeting virtually; sharing with one another, gaining valuable information and resources.

Community Recreation Handbook

A practical comprehensive guide for member communities to help recreation professionals formalize their programs and services.

Collaboration with Spirit North

Ongoing

Programs promote health, wellness, connection to the land, development of essential life skills and inspire Indigenous youth to build a brighter future for themselves and their community. Programs include cross-country skiing, canoeing, cross-country running, mountain biking, land-based activities, and multi-community festival days.

Grant Writing Workshops

Ongoing

Facilitated by NSCRD staff is a 1.5-2 hour long interactive workshop for beginner grant writers. Participants will have a basic understanding of who can apply for grants, how to prepare for grant writing, parts of a grant, and how grants are selected.

Professional Development Courses

Ongoing

Upon request or interest expressed from community NSCRD will work to support professional development opportunities such as Ball Maintenance, Communities in Bloom, Self-Care Series, Managing Safe Play spaces, Arena Operator Level 1 & 2, Building Maintenance Level 1 & 2, Air Quality, Curling Ice Technician, Play Leadership and High Five/Quest 2.

Community Planning Workshops & Community Capacity Building

Upon request or interest expressed from community NSCRD will work to support Community Planning Workshops bringing community organizations together to collaborate in a planning session.



Steering Committee Support

Ongoing – Upon need and request

NSCRD facilitate workshops & meetings on a variety of topics based on program and community development needs, including: community input; program planning; governance; problem solving; training needs identification; and program evaluation.





Contact Us

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Visit our web site at: www.nscrd.com
or find us on Facebook

 Northern Sport, Culture and Recreation District

Our Vision

Healthy individuals and communities through increased capacity to deliver sport, culture and recreation.

Our Mission

To facilitate and foster the development and delivery of sport, culture, recreation and leadership programs and services which are responsible to and benefit people and communities within the northern administrative district.

Our Board of Directors (as of April 2024)

The Northern Sport, Culture and Recreation District will have a twelve member board of directors including:

- Five "geographic" representatives chosen by at-large elections, one from each of the five prior Regional Recreation Associations:

1. Athabasca Area – **Clifford Laprise**
2. Beaver River Area – **Cassandra Corrigan**
3. Clearwater Area – **Alwyn Piche**
4. Neyanun Area – **Vacant**
5. Sagastew Area – **Colleen Charles**

- Seven "program" area representatives as elected by the members from a north wide nomination process:

1. **Randy Janvier**
2. **Kristy McDougall**
3. **Cheyenne MacDonald**
4. **Rachel Merasty**
5. **Mike Bouvier**
6. **Lionel McKenzie**
7. **Nicole Sylvestre**