

Welcome to the Northern Sport, Culture & Recreation's monthly Member E-Update. This electronic bulletin is sent out to all our member communities, partners, etc. and includes information on NSCRD programs and services and upcoming sport, culture and recreation events, as well as grant information and sharing successes.

Northern Sport, Culture and Recreation District receive funding from the Saskatchewan Lotteries.



Our Vision: Healthy individuals and communities through increased capacity to deliver sport, culture and recreation.

What's inside...?

• **Sport**

[Aboriginal Community Sport Development Grant Program – Deadline May 15th](#)
[Saskatchewan Winter Games Program February 16-22, 2014 in Prince Albert Saskatchewan](#)
[NEW STAS AFTER-SCHOOL SEPAK TAKRAW PROGRAM INITIATIVE](#)

• **Culture**

[Culture Days – September 27-29, 2013](#)
[Culture Days Funding Assistance Program – Deadline May 15th 2013](#)
[Have a Culture Days Animateur to Visit Your Community](#)
[Media Release – Northern Drama Project 2013](#)
[Call for Artists](#)

• **Recreation**

[June is Recreation & Parks Month - Get involved!](#)
[2013 SPRA Awards Program](#)

• **Physical Activity**

[Northern Physical Activity Month – Coming up in May 2013](#)

• **Northern Community & School Recreation Coordinator Program**

[NC&SRCP Spring Training](#)
[Summer and the NC&SRCP](#)
[NC&SRCP Evaluation – Phone Interviews](#)
[SPRA has launched a new online After-School Time Period \(ASTP\) Program Directory](#)
[HIGH FIVE Launches new website](#)
[NC&SRCP Monthly Photo Contest:](#)

• **Grants**

[Link to our website](#)

• **Upcoming Events**

[Link to our website](#)

• **[Congratulations](#)**

• **[Volunteer Recognition](#)**

• **[Community Successes](#)**

• **40 Development Assets**

[Food for Thought: 40 Developmental Assets](#)

- **Sport**

Aboriginal Community Sport Development Grant Program – Deadline May 15th

The ACSD Workbook and Grant Program is a funding initiative administered by NSCRD targeted at developing community based sport programs. Funds can be used to purchase equipment, access training and competition opportunities, and help form clubs. Communities, schools or clubs can apply for \$5000.00 per sport one-year term. In the last financial year, the adjudication committee has approved 16 applications from 12 different northern communities for a total amount of \$75000.00. This last year has seen an increase in the number of communities and schools that are making applications for sports in line with the Saskatchewan Games Program to access competitive opportunities provincially. To apply for this grant and use the workbook to help you go to www.nscrd.com to upload the new grant application for use and call your Community Relations Coordinator in your area before applying.

Saskatchewan Winter Games Program February 16-22, 2014 in Prince Albert Saskatchewan – SAVE THE DATE!

Sports are being selected right now for participation in by Team North athletes, coaches and managers. If you think there should be a particular sport in the Games from the roster because it's really popular in your community and youth compete in it already then and call Ryan Karakochuk at (306) 688-2122 or email rkarakochuk@nscrd.com. Team North will pick a small selection of sports from the roster of wrestling, cross country skiing, snowboarding, biathlon, air pistol, judo, figure skating, alpine ski, badminton, curling, bowling, gymnastics, ice hockey, speed skating, synchronized swimming, table tennis.

NEW STAS AFTER-SCHOOL SEPAK TAKRAW PROGRAM INITIATIVE:

Want to get involved in a newer, very inexpensive sport?

Check out Sepak Takraw (Kick Volleyball), played on a badminton court.

Schools/Communities that Commit to an After School Program Receive:

- Skills Clinic, Coach Clinic, Referee Course;
- After-school Mini Tournament;
- Set of Takraw Balls and Instructional Materials;
- ... ALL for just \$195.00! (no grant process to have to go through)
- (OR just have STAS help you introduce sport at regular fees)

DETAILS & LINKS: <http://www.sepaktakrawsask.com/?q=node/65>

CONTACT: Rick Engel, 306-584-8778 info@SepakTakrawSask.ca



- **Culture**

Culture Days – September 27-29, 2013

[Culture Days](#) is a collaborative, pan-Canadian movement designed to raise awareness, accessibility, participation and engagement of all Canadians in the arts and cultural life of their communities. Nation-wide Culture Days celebrations will take place over the September 27-29, 2013 weekend. SaskCulture is pleased to offer Culture Days Funding Assistance in the support of Culture Days initiatives (activities, events and projects) that engage public participation and inspire future involvement in the cultural life of Saskatchewan communities.

Culture Days Funding Assistance Program – Deadline May 15th 2013

(Mail in only and no late applications)

Contact Michelle Brownridge – Communications Coordinator (306) 780-9289 or email:

mbrownridge@saskculture.sk.ca or go to www.saskculture.ca

Have a Culture Days Animateur to Visit Your Community

The Northern Sport, Culture and Recreation District would like to invite northern communities to host a Culture Days Animateur to visit your community. We are looking for 2 to 3 communities to develop a Culture Days program and we will help coordinate a visit from the Animateur to help draw attention to your local community program. A call of interest will be sent out by Culture Days/Sask Culture soon for communities interested in having a visit. Stay tuned for more or go to www.saskculture.ca

The 5th Northern Drama Festival happened in Ile-a-la-Crosse at the Rossignol High School - Apr 26-27, 2013. Congratulations to Cumberland House for their performance in the play " Saying Goodbye", and wish them luck at the provincial Drama Festival in Regina! For the [festival media release click here](#).

Call for Artists

The La Ronge Arts Council is offering an exciting exhibition opportunity to La Ronge artists. We have been offered exhibit space at Government House in Regina, from July 6 to Sept. 22, 2013. Government House is the former residence of Saskatchewan's Lieutenant Governor, and is now a historic museum and popular tourist destination. For more detail on the [call for artists click here](#).

• Recreation

June is Recreation & Parks Month - Get involved!

- Recognize the contributions leisure services and parks provide to our quality of life!
- Celebrate the return of summer programming!
- Gather people together, recognize volunteers and get residents involved in outdoor physical activity!
- Gain support for the parks and recreation sectors!

So, jump in... and join the celebration!! Communities, organizations, volunteers, actually everyone and anyone can get involved by using the resources available on this website. Here you will find the JRPM Planning Guide, promotion templates for local programs, public service announcements, and more. You can also put the logo on activity promotional materials.

Some new and easy ideas you may want to try are . . .

- Register as an [Ambassador](#) by calling the SPRA at 1-800-563-2555.
- [Sign the JRPM Proclamation](#) at your next town council or board meeting.
- Who built the park in your area? Dedicate it someone or something and celebrate its dedication annually.
- Hold a community picnic. It will create new friendships and generate civic pride.

The opportunities are endless! By registering your community event or activity for JRPM, you will be entered to win a Standing Super Spinner sponsored by Henderson Recreation Equipment Limited! A value of \$1500.00!

To have your efforts recognized by SPRA or for more information on celebrating *June is Recreation & Parks Month* call your [CRC for your service area](#) or go to www.spra.com.

2013 SPRA Awards Program

Nominations are now being accepted, for the 2013 SPRA Awards Program. Recognize excellence in the parks and recreation field by nominating a deserving individual or group for one of the SPRA Awards! Award categories can be found at <http://www.spra.sk.ca/news-events/awards/nomination-and-presentation-process/>

[Click here](#) to access the 2013 Awards Nomination Brochure.

[Click here](#) to access the Award Nomination Form.

If you require additional information about the awards program, contact Jessica Lynn, SPRA Field Consultant at 425-1910 or email jlynn@nscrd.com.

- **Physical Activity**

Northern Physical Activity Month – Coming up in May 2013

The Northern Physical Activity Month (May) is in its 11th year in the north. NPAM helps children and adults in our communities in particular become physically active during the spring and in many cases bring out new participants who have not been physically active before. NPAM serves as a catalyst for communities or schools to develop fitness programs, awareness, facilities and equipment's to support physical activity. **Look for the package mailed to your community this April or go to www.nscrd.com for the updated package – coming soon!**

These are the winners from last year.

- **Community/School Grand Prize Draw – Northern Village of Denare Beach** won the \$1,800.00 Gift certificate for Flanman exercise equipment for their community gym and physical activity programs.
- **Work Place Grand Prize Draw – Cole Bay KYRHA Office in Cole Bay**, won the \$500.00 gift certificate for Source for Sports to help purchase physical activity equipment community softball team.

Contact Gabe Thompson at 306-425-3127 ext. 4 or e-mail gthompsn@nscrd.com.

- **Northern Community & School Recreation Coordinator Program**

NC&SRCP Spring Training

May 27, 2013 – May 29, 2013, Prince Albert

Registration deadline: May 17, 2013

As a condition of funding for the NC&SRCP, this is a mandatory training for all Community & School Recreation Coordinators (CSRCs). CSRCs must attend the entire duration of this training event. Steering Committee Members and Community Partners are also welcome to attend all or any portion of the training (must register). For more information, agenda and registration form see details on our website at <http://www.nscrd.com/programss/training-opportunities/2013-spring-training.html> . Or contact: Brandy Smart, Program Manager for the NC&SRCP Ph: 306-922-2004 Email: bsmart@nscrd.com

Summer and the NC&SRCP

Summer is just around the corner and will be here before you know it! The summer months are an important programming season for the NC&SRCP. School summer holidays mean there are a lot more hours for programming available. Do you have your summer program plan set yet? Make sure to check out the many program opportunities offered through the provincial sport, culture & recreation sector. Visit the [NSCRD website](http://www.nscrd.com) for upcoming program opportunities.

NC&SRCP Evaluation – Phone Interviews

Just a reminder that as part of our ongoing evaluation of the NC&SRCP this spring, Dr. Chad Nilson will be conducting phone interviews (approx.. 1hr) with various individuals involved in different areas of the NC&SRCP. Please note that all data and information gathered through this evaluation process will be kept confidential and anonymous. No measures of your perspective on the program, or any comments you provide

in interviews will be made public or shared with anyone other than the Living Skies Centre for Social Inquiry. For more information on this evaluation, contact Dr. Nilson at lscsi@hotmail.com.

SPRA has launched a new online After-School Time Period (ASTP) Program Directory

The Directory was populated from the information received from program participants of the ASTP Provincial Survey, distributed in November 2012.

Search the ASTP Program Directory or add your program to the directory at www.spra.sk.ca/afterschool.

What is the After-School Time Period (ASTP) Program Directory?

The Directory of After-School Time Period (ASTP) programs focus on opportunities which are available for children and youth in Saskatchewan between ages 5 to 18 and are delivered during the hours of 3:00 p.m. to 6:00 p.m., throughout the school year. The Directory is an informational tool to promote sport, culture and recreation programs and organizations in your area. You can locate programs in your area, find activities that are appropriate for different ages and find opportunities to participate or collaborate with others in your community.

HIGH FIVE Launches new website

HIGH FIVE® National launched its new website! You will be able to access it at the same url: www.HIGHFIVE.org. You may even see some local Saskatchewan faces through the videos and success stories!

Each Community and School Recreation Coordinator site is required to complete two [HIGH FIVE QUEST2](#) assessments by *May 15, 2013*. Please contact your Community Relations Coordinator if you require them to work together with your site to complete the assessment.

NC&SRCP Monthly Photo Contest:

Just a reminder that we are gratefully accepting photos for the monthly photo contest! Visit our website photo gallery to see some of the great pics submitted! <http://www.nscrd.com/info/photo-gallery-1.html>

Email your submissions to bsmart@nscrd.com any time this month and be entered to win prizes!

• **Grants**

[To view Grants in Northern Saskatchewan click here.](#)

• **Upcoming Events**

[Click here to view electronic calendar of events.](#)

• **Congratulations to:**

- Congratulations to **Cumberland House drama students** for their best overall performance with the play " Saying Goodbye" at the 5th Annual Northern Drama Festival in Ile-a-la-Crosse. Break a leg at the provincial Drama Festival in Regina!
- Congratulations to the winners of **Highway 155 Hockey League** Novice & Atoms **Ile a La Crosse**, Pee Wee & Bantam **La Loche** and Female **Buffalo Narrows**.
- Congratulations to **Micah Ballantyne of Creighton** for her performance in the Pelican Narrows 2013 Winter Festival. Micah has also performed with Northern Spirits. Check out [her you-tube video](#).
- Congratulations to **Gabe Thompson** and **Ryan Karakochuck** – Gabe has become the NSCRD Program Manager for Recreation and Culture and Ryan is now NSCRD Program Manager for Sport

- Check out the article **Miriam Körner** wrote about **Yanessa Days – Celebration past and modern culture** in SaskCulture’s Engage – Spring 2013. **Yanessa Days** are held in the community of **La Loche** annually since the 1980’s.

- **Volunteer Recognition**

- **Community Success**

- **40 Development Assets**

Food for Thought: 40 Developmental Assets

Adult Role Models is the 4th asset in the Boundaries & Expectations Category of the Developmental Assets. Making mistakes is understandable for anyone and sometimes adult do things they aren’t proud of – swear, watch too much television or argue. It’s important to remember however, that young people look up to adults and they see what we do, even if we don’t think they were watching and especially if you’re a parent. According to research, the #1 need for young people is positive social interaction with adults. As adults, we need to take the time to be a role model and help find other responsible adults to be role models for children and youth as well. Visit the [Search Institute website](#) for more information on how you can build 40 Developmental Assets in your community.

[For staff contact information click here](#) [Find us on Facebook](#)

Visit our web site at: www.nscrd.com. We have a new look!

Northern Sport, Culture and Recreation District Next Electronic Member Update Monday June 3, 2013

The Northern Sport, Culture and Recreation District member e-news is sent electronically each Month to all NSCRD members in NSCRD’s database. Recipients are encouraged to forward the e-news to other members.

The next member e-news will be Monday June 3, 2013. Please submit materials to the NSCRD La Ronge office by Wednesday, May 29, 2013.

For information about this e-news, contact Northern Sport, Culture and Recreation District directly at (306) 425-3127 or see our staff information at [Contact Us - Northern Sport, Culture & Recreation District](#).