

# PROGRAM IDEAS

## RECREATION

- Walk-a-thon
- Yoga ( dog, baby & toddler)
- 60 days fitness challenges
- Biggest loser
- Noon hour sock hop
- Community work out
- Walk a mile (IWALK)
- Fitness gym nights
- Snowshoe clubs
- Sliding
- Skating
- Multi-sport nights
- Scavenger hunts
- Hiking
- Swimming
- Field games
- Ultimate Frisbee
- Frisbee golf
- Puck toss
- Family relays
- Hike, bike & blueberry pick
- Snow shoe relays
- Kite making/ flying competition
- Zumba
- 30 day shred
- Biking
- Circus
- Roller blading
- Bowling
- Family game Nights
- Kids cook after schools
- Family/school dances
- Game nights (board/video games)
- Snow sculptures
- Fish derby (winter/summer)
- Ski doing
- Crib tournament
- Karaoke nights
- Movie nights
- Bike Safety
- Shop night
- Cupcake decorating
- Cooking classes
- Scrapbooking
- Girls & Boys group
- Junior SPCA
- Computers
- Sculpting
- Sci-Fi
- Snow baseball
- Arts and crafts
- Camping/Outdoor living fire building
- Map and compass work picnicking
- Backpacking
- Nature Oriented nature crafts
- Animal Tracking
- Outdoor photography
- Bird identification
- Fishing
- Boating
- Hiking
- Snowmobiling
- Snowshoeing
- Parties
- Pageants
- Scavenger hunts
- Drop-ins
- Coffee houses
- Seniors clubs, youth clubs
- Frisbee (golf, football)
- Horse shoe
- Bolo
- Sliding
- Dodge ball
- Darts
- Yoga

# PROGRAM IDEAS

## CULTURE

- King & Queen trapper events
- Hike, bike & blueberry pick
- Snow shoe relays
- Circus
- Bannock making
- Arts & crafts
- Beadwork
- Quilting
- Carving
- King & Queen trapper club
- Jigging lessons
- Fiddle lessons
- Moss bag making
- Square dancing
- Fish preparation
- Dry meat making
- Fish net making
- Birch bark basket making
- Snow shoe making
- Hunting /snaring
- Ice fishing
- Preparing traditional foods (muskrat, beaver, etc)
- Rabbit snaring
- Drum making
- Dream catcher lessons
- Cultural festival
- Fish scale art
- Hoop dancing
- Birch bark biting
- Round dancing
- Sweats
- Cultural events
- Moose hide preparation
- Trapping schools
- Pow wows
- Paddle making/ skiff making
- Canoeing
- Traditional herbal medicines
- Sweetgrass burning
- Ukrainian Easter egg decorating
- Basket weaving
- Bike safety
- Astronomy
- Sci Fi Camps
- Cooking
- Writing
- Tufting
- Collecting coins, hats, cards, stamps,
- Storytelling
- Language classes
- Radio productions
- Writing
- Bannock bake-offs
- Potluck dinners
- Drawing and sketching
- Sewing and needlecraft knitting
- Quilting, embroidery
- Moccasin making
- Weaving
- Baskets
- Tapestry weaving
- Dance: Hip Hop, belly, jigging, ballet
- Social Dances, square dances, formal dances, traditional dance, pow wows, round
- Hand Games

# PROGRAM IDEAS

## SPORTS

- Archery
- Volleyball
- X country skiing
- Basketball
- Tkarach
- Golf
- Kick ball
- Canoeing
- Soccer
- Tennis
- Baseball
- Badminton
- Hockey
- Broomball
- Archery
- Track & Field
- Downhill skiing
- Flag football
- Field hockey
- Road hockey
- La Crosse
- Table tennis
- Basketball
- Bowling
- Boxing
- Broomball
- Canoe
- Curling
- Cycling
- Field Hockey
- Football
- Golf
- Gymnastics
- Hockey
- Horseshoe
- Judo
- Karate
- Lacrosse
- Rifle
- Ringette
- Rowing
- Sailing
- Skating (Figure & Power)
- Soccer
- Softball
- Amateur Speed Skating
- Swimming
- Table Tennis
- TaeKwon-Do
- Tennis
- Triathlon
- Volleyball
- Water Ski
- Weightlifting
- Wrestling
- Special Olympics Saskatchewan

# PROGRAM IDEAS

## SPECIAL EVENTS

- Canada Day (Parade, bike safety)
- Treaty day
- Halloween party
- Cultural day
- Christmas concert/party
- New Year's day
- Reindeer festival
- Terry Fox
- Easter egg hunt/decorating
- Seniors birthday parties
- Volunteer dance
- Penny carnivals
- Carnivals
- Red eye movie night
- Awards day
- Winter/summer Festival
- Culture week
- Skate dance
- Community BBQ's
- Craft sales, snowflake tea
- Sliding Party
- Christmas/ Halloween/ Easter craft nights
- Anti gang workshops
- Addictions week
- Talent show
- Children's festival
- Spelling bee
- Family day
- Fish derby
- Bingo nights
- BBQ's
- Meals on wheels
- Pancake breakfast
- Fun day
- Volunteer appreciation lunch
- Youth conference
- Hip hop workshop
- Elder's Christmas dinner
- Birthday parties
- Gospel jamboree
- Seniors lunch
- National aboriginal day
- Louis Riel day
- Rummage/ garage sale