



# Programs and Services Guide 2019-20



## Our Role

*The most important role that we have as a district is to assist northern communities with their sport, culture and recreation development. Our Community Relations Coordinators are the key staff who work with communities on a daily basis. All of the staff at the NSCRD are available to support the communities' needs*

*in the sport, culture, recreation, physical activity or youth leadership areas. We are here to help connect communities with other organizations such as provincial sport governing bodies or recreational and/or cultural organizations. See the back page for the listing of NSCRD staff and contact information.*

# Programs and Services Guide 2019-20

## Communication & Governance

### NSCRD Website

Information on all our programs and services is posted on our website.

[www.nscrd.com](http://www.nscrd.com)



### NSCRD Northern Exposure

Monthly

On the first of each month, NSCRD e-newsletter is distributed by email, sharing ideas to community in the areas of sport, culture and recreation, acknowledging and celebrating community successes, promoting programs and events, professional development opportunities and more.

### Facebook



The NSCRD is on Facebook to increase awareness and engage member communities.



### Community Grant Program

April 1 & October 1

The Community Grant Program assists in the development of sport, culture, and recreation programs in the community. Funds are distributed through local governments (funding based on population).

### Partnerships

The NSCRD will work in partnership with our global organizations (SaskSport Inc., SaskCulture Inc. and Saskatchewan Parks & Recreation Association), northern tribal/grand councils, NLSD #113, affiliated members, as well as, other sectors and organizations to support sport, culture, recreation, physical activity, and youth leadership development in northern Saskatchewan. Committee participation and/or partnerships will be formalized where appropriate.

### Annual Report and Annual General Meeting

June

The Annual General Meeting (AGM) will be held in June. The 2018-19 Annual Report will be presented at the AGM for awareness, recognition and success sharing.

## Sport

### Indigenous Community Sport Grant

April 1 & October 1

The Northern Sport, Culture and Recreation District has resources/grants that will help communities, clubs or schools develop sport in their communities. The Indigenous Community Sport Grant allows communities to access funding for equipment, fees, travel and much more.

### NCCP Coaches/Officials Clinics and Long-Term Sport Development

Year Round

Sport development has three basic streams for a community, club or school to choose from that can suit their needs depending where they are in the Long Term Athlete Development Model. Coaching clinics can range from: community, competition and/or instruction Stream.

### Sask Games Program

Summer Games 2020

The Northern Sport, Culture and Recreation District works with the Saskatchewan Games Council, host communities and selected Provincial Sport Governing Bodies to put on the Saskatchewan Games program every two years.

### Athlete Development in the North

Year Round

NSCRD will help community's access sport development opportunities specific for athlete, coach and officials development in a multi-sport setting or sport specific.

### Showcasing Northern Athletes

Monthly

NSCRD looks to showcase northern athletes who try to pursue their athletic amateur and pro careers in sport.

### Sport Grants

Year Round

Please look on our website for all the available grants that can be accessed by your community.



## Northern Community & School Recreation Coordinator Program

### NC&SRCP Grant

September to August  
Annual Agreement

Twenty two schools are empowered through a funding partnership to hire a Community and School Recreation Coordinator (CSRC) to facilitate the delivery of community-based sport, culture and recreation programs after school, evenings, weekends and at special events; upon the guidance and direction of a local Steering Committee.

### Training

October – Fall Orientation  
December – High Five®  
Jan., Mar., – Area CSRC Meetings  
May – Spring Training  
TBA - Rec Mentorship

NSCRD hosts training opportunities to support the work of Community and School Recreation Coordinators (CSRCs), Supervisors, their Steering Committee members and Community Partners.

### Tools & Templates

A variety of tools, samples and templates are available to support communities in the successful delivery of sport, culture & recreation programs: Administration & Human Resources, Steering Committee Development, Programming and NC&SRCP Documents.

[www.nscrd.com](http://www.nscrd.com)

## Culture

### Northern Spirits Workshop Northern Spirits Showcase

The Northern Spirits Workshop covers all aspects of performing and producing a showcase (stage presence, live band, set design, etc.) as well as sessions related to self confidence.

November  
February



### Northern Drama Project February 2020

The NSCRD and the Saskatchewan Drama Association (SDA), are continuing to partner to provide the Northern Drama Project and Festival, a drama development opportunity for northern Saskatchewan communities.



### Culture Grants Year Round

Please look on our website for all the available grants that can be accessed by your community.

### Creative Kids Northern Fund March

SaskCulture and Creative Kids Saskatchewan offer a program grant to help create new culture programs and initiatives, (within the Northern Sport, Culture and Recreation District) that provides cultural, artistic or creative inter-active activities for children and youth ages 4-19.

### Astronomy

Northern Sport Culture and Recreation District in partnership with Scott Bell and KCDC provide opportunity to build capacity and interest in amateur astronomy across the north.

### Culture Days

September 27,28,29 2019

A National Celebration of Arts and Culture on the last weekend of each September, millions of people across the country attend thousands of free, participatory arts and culture events in their communities and beyond. By profiling hands-on arts and cultural programming and creating direct connections between the public and creators, Culture Days is making arts and culture more accessible, and is building measurable support for the sector.

## Recreation

### Community Recreation Handbook

The Community Recreation Handbook is a comprehensive guide for our member communities/ community recreation that is practical and helps communities formalize their recreation services, as well as acknowledges the profession.

### Ski Fit North

November-March

The intent of Ski Fit North (SFN), is to promote programs that help youth learn to ski and stay active through skiing. The SFN fieldworker provides free programming to northern communities as requested.

### Play Leadership North

June

The NSCRD will plan, develop and deliver the SPRA Play Leadership Program in conjunction with the NC&SRCP Spring Training (CSRC and youth leaders) and upon request based on community need.

### HIGH FIVE®

December

The NSCRD will provide HIGH FIVE® training opportunity including Principles of Healthy Childhood Development and QUEST 2/3.

### Fitness 2J2

The NSCRD in partnership with Fitness 2J2 focuses on providing fitness programming and consulting services in the promotion of healthy, active lifestyles. Fitness 2J2 identifies individuals interested in becoming certified fitness leaders and develops capacity in Northern communities.

### Recreation Grants

Year Round

Please look on our website for all the available grants that can be accessed by your community.

### Grant Writing Workshop

Facilitated by NSCRD staff is a 4 hour long interactive workshop for beginner grant writers. Participants will have a basic understanding of: who can apply for grants, how to prepare for grant writing, parts of a grant, and how grants are selected.

### Sport, Culture and Recreation Board Development

At the request of sport, culture and recreation groups, NSCRD will work with leaders on supporting board development, program planning and other related needs as identified by community.

### Steering Committee Support Ongoing – Upon need and request

NSCRD facilitate workshops & meetings on a variety of topics based on program and community development needs, including: community input; program planning; governance; problem solving; training needs identification; and program evaluation.





## Contact Us

### La Ronge Office

Box 1097 La Ronge, SK SOJ 1L0

Ph: (306) 425-3127 Toll free: 1-877-777-6722

Fax: (306) 425-4036

**Michelle Hewison, General Manager** ext. 1

Email: [mhewison@nscrd.com](mailto:mhewison@nscrd.com)

**Celeste Miller, Program Coordinator** ext. 2

Email: [cmiller@nscrd.com](mailto:cmiller@nscrd.com)

### West Service Area Jans Bay Office

Box 137 Canoe Narrows, SK S0M 0K0

Ph: (306) 829-4348 Fax: (306) 829-4424

**Robert Yew, Community Relations Coordinator West Service Area**

Email: [ryew@nscrd.com](mailto:ryew@nscrd.com)

### East Service Area Creighton Office

Box 580 Creighton, SK S0P 0A0

Fax: (306) 688-2123

**Robert Kirschman, Community Relations Coordinator East Service Area**

Ph: (306) 688-2129 - Email: [rkirschman@nscrd.com](mailto:rkirschman@nscrd.com)

**Ryan Karakochuk, Program Manager for Sport**

Ph: (306) 688-2122 - Email: [rkarakochuk@nscrd.com](mailto:rkarakochuk@nscrd.com)

### Prince Albert Office

#301 1008 – 1<sup>st</sup> Ave. West Prince Albert, SK S6V 4Y4

Fax: (306) 922-2021

**Brandy Smart, Program Manager for the Northern Community and School Recreation Coordinator Program**

Email: [bsmart@nscrd.com](mailto:bsmart@nscrd.com)

Ph: (306) 922-2004

**Harmony Johnson-Harder, Program Manager for Culture and Community Development**

Email: [hjohnson-harder@nscrd.com](mailto:hjohnson-harder@nscrd.com)

Ph: (306) 922-2008

Or visit our web site at: [www.nscrd.com](http://www.nscrd.com)

Or find us on Facebook

## Our Vision

Healthy individuals and communities through increased capacity to deliver sport, culture and recreation.

## Our Mission

To facilitate and foster the development and delivery of sport, culture, recreation and leadership programs and services which are responsible to and benefit people and communities within the northern administrative district.

## Our Board of Directors

The Northern Sport Culture Recreation District will have a twelve member board of directors including:

- Five “geographic” representatives chosen by at-large elections, one from each of the five prior Regional Recreation Associations:
  1. Athabasca Area – **Sarazeen Josie**
  2. Beaver River Area – **Jansen Corrigan**
  3. Clearwater Area – **Randy Janvier**
  4. Neyanun Area – **Iona Linklater**
  5. Sagastew Area – **Tonia Logan**
- Seven “general” representatives at-large as elected by the members from a north wide nomination process:
  1. **Kristy McDougall**
  2. **Greg Hatch**
  3. **Rachel Merasty**
  4. **Terri-Lynn Beavereye** (Chairperson)
  5. **Cheyenne MacDonald**
  6. **Adam Jobb**
  7. **Vacant**