

# Athabasca Youth Canoe Trip & Workshop

Fond du Lac River August 6-19, 2007

## EMERGENCY PLAN



### 1. Emergency Plan Distribution:

A copy of this emergency plan will be left at the following locations:  
Prince Albert Grand Council – Education Office; Northern Sport, Culture & Recreation District; Black Lake Band Office; Fond du Lac Band Office; Hatchet Lake Band Office; Sk Environment & Resource Office (Stony Rapids)

### 2. Emergency Contact Numbers

Fond du Lac RCMP	686-2060
Fond du Lac Band Office	686-2102
Fond du Lac Nursing Station	686-2003
Black Lake Band Office	284-2044
Black Lake Nursing Station	284-2020
Black Lake/Stony Rapids RCMP	439-2185
Hatchet Lake RCMP	633-1200
Hatchet Lake Band Office	633-2003
Hatchet Lake Health Centre	633-2065
Stony Rapids Health Centre	439-2200
Prince Albert Grand Council Education	953-7234
Northern Sport, Culture & Rec Office	425-3127
SERM – Stony Rapids	439-2062, 429-2094 (Fire Line)
A&L Transport	439-2157
Transwest Air	439-2040
	439-2066 (waterbase station)

### 3. Satellite Phone Number/Check in Stations

Satellite Phone (403) 987-0068

In case of emergency only, please leave a message at one of the following check in stations:

Fond du Lac Band Office	686-2102
Black Lake Band Office	284-2044
Hatchet Lake Band Office	633-2003
Chief Freddie Throassie Home (on weekends)	284-2100

### 4. Trip Leaders and Planning Committee

Trip Leaders: Chief Freddie Throassie, Chief Victor Fern, Napoleon Pacquette, Joe (Smy) Tsannie

Planning Committee: Chief Rosalie Tsannie (HL), Christina Catholic (BL), Evelyn Throassie (BL), Delbert Bouvier (BL), Rita Adam (FDL), Sabrina Fern (FDL), George Tsannie (HL), Brandy Smart (NSCRD)

### 5. Participant Information – see attached master registration list

### 6. Environmental & Activity Hazards

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Falls                | <input checked="" type="checkbox"/> Bites & Stings   |
| <input checked="" type="checkbox"/> Lightning            | <input checked="" type="checkbox"/> Boating injuries |
| <input checked="" type="checkbox"/> Heat stroke          | <input checked="" type="checkbox"/> Animal incidents |
| <input checked="" type="checkbox"/> Hot weather injuries | <input checked="" type="checkbox"/> Food sickness    |
| <input checked="" type="checkbox"/> Drowning             |  |

## 7. Steps to Minimize Accident Potentials Listed Above

- Adequate equipment, food and supplies for large group travel (emergency gear, extra equipment)
- Certified First Aid leader.
- Adequate Wilderness First Aid equipment and supplies.
- All participants are required to wear lifejackets when in a boat or canoe.
- Responsible and experienced trip leaders/helpers.
- Access to water sources and water purification.
- Adequate supervision and chaperone-participant ratio.
- Detailed review of rules and guidelines for wilderness travel (ex: what to do if you get lost, animal encounters, traveling with a group, etc).

## 8. Itinerary

Location: Canoe Trip on the Fond du Lac River  
Dates: August 7 to 16, 2007  
Number of Participants: 60-70  
Start & End Point: Rabbit Lake Mine Site (Collins Bay) to Black Lake  
Emergency Access: Boat or Float Plane

### ***Monday, August 6th***

Route: Travel to Rabbit Lake  
Planned Camp: Rabbit Lake Mine Site

### ***Tuesday, August 7<sup>th</sup>***

Planned Camp: Mouth of the Fond du Lac River

### ***Wednesday, August 8th***

Planned Camp: Hatchet Lake

### ***Thursday, August 9th***

Planned Camp: Crooked Lake

### ***Friday, August 10th***

Planned Camp: Water Fond

### ***Saturday, August 11th***

Planned Camp: Kosdan Lake

### ***Sunday, August 12th***

Planned Camp: Otter Lake

### ***Monday, August 13th***

Planned Camp: Below Manito Falls

### ***Tuesday, August 14th***

Planned Camp: Lower Fond du Lac (or upper)

### ***Wednesday, August 15th***

Planned Camp: Bury Falls

### ***Thursday, August 16th***

Planned Camp: Black Lake – South Camp

### ***August 16 – 19<sup>th</sup>***

Blake Lake – South Camp, Athabasca Youth Workshop

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## EMERGENCY PROCEDURES

To be reviewed with all participants.

### General Group Guidelines:

See....general rules and guidelines sheet.

### Forest Fires:

- Determine if there are any forest fires in the area during the trip.
- We will evacuate to the boats/water if we are in any threat.
- Do not start fires of any kind except for in designated fire safe areas.

### Medical Injuries & Evacuation Procedures:

- Ensure you bring all your personal medication for illness or allergies (ie: inhaler, epi-pen, contacts).
- If you or someone is injured, notify your chaperone or adult leader immediately.
- Trip leaders will assess the situation determine if an evacuation is needed either by boat or plane.
- First aid kits will be available from identified adult leaders.

### Bear Encounters, if you encounter a bear:

- Never run, stay calm
- Don't harass or chase the bear
- Slowly back away from the bear, if the bear moves toward you, drop your back pack or other belongings... this may distract the bear.
- Speak to the bear in a normal voice and let it know you are there.
- Only if the bear charges at you, act in a dominant manner and use any available weapon such as pepper spray, stick or stones to fight off the bear.

### What to do if you get lost:

- Stop paddling or walking. Don't panic. Stay calm.
- If you're not in immediate danger, stay where you are.
- The group will notice you are missing and come look for you.
- Conserve energy, water and food.

### Canoe Safety :

- Participants must wear lifejacket at all times when in a canoe
- Bring warm clothes, rain gear and drinking water, it can be chilly on the lake.
- Cover your personal items with plastic bags to keep dry.

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## PARTICIPANT GENERAL RULES & GUIDELINES



- Participants must keep chaperones aware of their location at all times
- Participants should demonstrate positive lifestyle choices, free from the use of:
  - cigarettes or chew
  - alcohol or drug's
  - swearing, teasing or fighting
- Keep all campsites and waterways free from garbage
- Participants will be expected to help out with camp life (collecting water, wood, clean-up, etc)
- Quiet time starts at 11:00pm
- Participants must sleep in designated tent
- No lighters, candles or fire in tents
- To ward off bears - no food, snacks, juice, or toiletries in tents
- Show respect the environment, fellow paddlers and adult leaders
- Must wear lifejackets at all times when in a canoe