



PROGRAMS AND SERVICES GUIDE FOR 2011/2012

Our role

The most important role that we have as a district is to assist northern communities with their sport, culture and recreation development. Our Community Relations Coordinators are the key staff who work with communities on a daily basis. All of the staff at the NSCRD are available to support the communities' needs in the sport, culture, recreation, physical activity or youth leadership areas. We are here to help connect communities with other organizations such as provincial sport governing bodies or recreational and/or cultural organizations. See the back page for the listing of NSCRD staff and contact information.

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| Communication and Advocacy | For more information contact Celeste Miller at 425-3127 ext. 2. |
| Advocacy – MBC Ad Campaign | The NSCRD will develop an ad campaign on MBC radio promoting and advocating the benefits of recreation, recreation professionals and volunteers in sport, culture and recreation, which will be delivered throughout the year to increase awareness of the value of our sector – sport, culture and recreation. The ad campaign will also advocate the NSCRD and our programs and services. |
| NSCRD Newsletter - 4 issues per year: March, June, September, December | The North of 54 newsletter is an information tool for sport, culture, recreation, physical activity and youth leadership in northern Saskatchewan. It includes ideas for communities in the areas of sport, culture, recreation and physical activity, acknowledging and celebrating community successes, promotion of programs, events, professional development opportunities, and important deadlines (i.e. grant). The newsletter is mailed throughout the district quarterly and available on the web site www.nscrd.com . |
| NSCRD Website: www.nscrd.com – updated ongoing | See our website for communication on all NSCRD programs and services, ideas for community sport, culture, recreation and physical activity, celebrating community successes, events and professional development opportunities, grant deadlines, and more. Visit www.nscrd.com . |
| Facebook – Social Media | Over this year, the NSCRD will investigate social media options for the district to increase awareness and engagement with our member communities and youth. Check out our NSCRD facebook page. |
| Annual Report, Annual General Meeting | The Annual General Meeting (AGM) will be held on June 17, 2011 in La Ronge. The Annual Report was provided at this meeting for awareness, recognition and success sharing. |
| Area Input Meetings | Four Area Input Meetings (AIM) will be held in the Fall (October/November) in each of the three service areas (East, West, and Central/Far North) and this year the Athabasca (Far North) area will have its own AIM. |
| Sport | For more information on sport programs please contact Gabriel Thompson at 425-3127 ext. 4 or view our website for updates at www.nscrd.com |
| Athlete, Coaching, and Officiating Development Clinics | A number of organizations provide athlete, coaching, and officiating development programs and opportunities in northern Saskatchewan including: Provincial Sport Governing Bodies, Coaches Association of Saskatchewan, Aboriginal Coaches & Officials Program, and NSCRD. |

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| | Coaching courses offered range from community stream, to competition and to instruction. NSCRD can help coordinate, set up and promote clinics ranging from sport specific coaching & athlete courses, Introduction to Competition Part A and B, FUNdamentals courses, or resources to enrich high schools PE content with coaching leadership development. |
| Community Sports Tournament Hosting Guide | A guide to help communities to host sport tournaments is available on our website under the following link: http://www.nscrd.com/pdf/tournament_guide/Tournament-Hosting-Guide.pdf . |
| Aboriginal Community Sport Development Workbook and Grant Program | The Aboriginal Community Sport Development Workbook and Grant Program is designed to help communities plan and develop their sport programs along the long-term athlete development model. The workbook helps communities plan for more organized, competitive sport programs and the grant can give funds to make it happen. The workbook and grant program detail can be found on our website under the following link: http://www.nscrd.com/programs_sport_community.html . Deadlines are May 1st and October 15 th for 2011. |
| Saskatchewan Games Program | The Saskatchewan Games Program is coming this summer to Meadow in 2012. Sports on the roster this year for across the province are archery, athletics, athletics (S0), basketball, baseball, canoe, kayak, golf, soccer, equestrian, triathlon, softball, swimming, tennis and volleyball. If you want to be a coach or manager, please contact your provincial sport organization or go to www.saskgames.ca and look at the techical packages. If you want to be a Team North Mission Staff then go to our website at www.nscrd.com or want more information on the Games then please contact Gabriel Thompson as listed at the top. |
| Inter-community sport programs | The NSCRD Community Relations Coordinators are available to facilitate the communication, planning, and provision of inter-community programs. Contact your CRC. |
| Culture | For more information on culture programs please contact Judy MacLeod Campbell at 922-2008 or visit our website at www.nscrd.com . |
| Northern Drama Project & Northern Drama Festival | The NSCRD is partnering again with the Saskatchewan Drama Association (SDA) on the Northern Drama Project . The SDA provides drama development support to the communities including two, one-day workshops in their community, as well as ongoing support, and at the Northern Drama Festival and Provincial Drama Festival. The NSCRD provides the logistical support, financial management, coordination and links, and support to the host community. A key part of the project is the Northern Drama Festival, which will be held on April 27 & 28, 2012 at Rossignol High School in Ile-a-la-Crosse . From the Northern Drama Festival, one play is chosen to participate in the Provincial Drama Festival in Regina May 10-12, 2012. |
| B-ING Hip Hop Project | The Northern Sport, Culture and Recreation District (NSCRD) worked with Dr. Charity Marsh and a team from the Interactive Media and Performance (IMP) Labs at the University of Regina to offer a Hip Hop workshop in beatmaking, DJing, graffiti, mobile media, and break dancing. Youth/communities applied to be part of the workshop. The B-ING Hip Hop Workshop was held on May 13 & 14, 2011 in Green Lake. |
| Northern Saskatchewan Arts & Culture Handbook – Artists Registry Project | The NSCRD artist’s registry project – the Northern Saskatchewan Arts & Culture Handbook is a collection of information about northern artists to promote the artists and strengthen their connection and work in communities. The handbook was completed and launched at the NSCRD AGM on June 17. All artists in the handbook and each member community received a copy of the handbook. The books can also be purchased for \$20.00 including shipping. During this year, we will also investigate options for a “Phase II” project that supports these artists. |
| Northern Spirits – Workshop & Showcase | The Northern Spirits program is developed and delivered through four major partners: Musqua Entertainment / Voices of the North, the Northern Sport, Culture, and Recreation District, Missinipi Broadcasting Corporation (MBC), and Prince Albert Grand Council. Meadow Lake Tribal Council has also been very active on the committee. This program has been implemented for four years, due to the strong interest in music in the north. Northern Spirits has two main components, a Workshop and a Showcase. Youth submit applications to be part of the workshop. The Northern Spirits Workshop covers all aspects of performing and producing a showcase (stage presence, live band, set design, etc.) as well as sessions related to self-confidence. The workshop will be held November 18-20, 2011. Watch for more information on our website. From the workshop, twenty youth are selected to produce and perform the Northern Spirits Showcase, which will be held in conjunction with Voices of the North Shows on February 18, 2012 at 2:00 pm at the P.A. Exhibitions Grounds, and part of the Prince Albert Winter Festival. The Showcase is youth lead and the |

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| | youth are mentored with their roles for the Showcase. |
| Culture Days Promotion | Culture Days is a national event to raise the awareness, accessibility, participation and engagement of all Canadians in the arts and cultural life of their communities. The first annual Culture Days event was held in September 2010 in over 700 Canadian cities and towns and, by all accounts, was a great success. The 2011 Culture Days weekend will take place September 30 to October 2, 2011. Annual, Canada-wide Culture Days events feature free, hands-on, interactive activities that invite the public to participate “behind the scenes,” to discover the world of artists, creators, historians, architects, curators, and designers at work in their community. Congratulations to northern communities hosting Culture Days events. |
| Tender for Northern Arts & Crafts | The Northern Sport, Culture and Recreation District (NSCRD) is looking for submissions of art work or crafts that the NSCRD will use as gifts of acknowledgement and appreciation, such as to workshop presenters, special guests, etc. The tender closes on October 15, 2011. |
| artsVest | artsVest is a matching incentive program run by Business for the Arts, designed to stimulate business investment in arts and culture, bolster municipal cultural plans and help develop the creative economy. The artsVest program helps spark funding partnerships between the arts and business community, while leveraging the efforts of the public leadership to activate their cultural plans. The funding for artsVest is from Canadian Heritage, The Ministry of Tourism, Parks, Culture and Sport of the Government of Saskatchewan and support from SaskCulture Inc. There is \$150,000 matching incentive funds available for the seven districts (an additional \$100,000 for cultural organizations in Saskatoon and Regina). artsVest also provides training to cultural organizations on how to develop a sponsorship pitch and approach the business community with a value-based partnership plan to attract prospective business partners. Watch for more information coming soon. |
| Links and partnerships with provincial cultural organizations/groups | The NSCRD will continue to work with provincial cultural organizations/groups to link new or increased culture programming in Northern communities. |
| Recreation | For more information on recreation programs please contact Gabe Thompson at 425-3127 ext. 4 or visit www.nscrd.com homepage for updates |
| Ski Fit North | Ski Fit North is a program available to all northern communities & schools that have completed a Ski Fit North application form. The Ski Fit North fieldworkers work through community requests and contact communities to confirm visits and dates. The aim of the ski fit north program is to develop skiing athletes, clubs and coaches across the north. Major annual events include: <ul style="list-style-type: none"> • Cross Country Ski School Championships at the Don Allen Ski trails north of La Ronge • Don Allen Saskaloppet in La Ronge Request notices and forms are available early November 2011. |
| Links and partnerships with provincial recreation organizations/groups | The NSCRD will work with provincial recreation organizations/groups to link new or increased recreation programming in Northern communities. |
| Physical Activity | For more information on physical activity programs please contact Gabriel Thompson at 425-3127 ext. 4. *Funding for the programs noted with a * below are supported by the Northern Healthy Communities Partnership (NHCP). |
| Northern Physical Activity Month* | May is Northern Physical Activity Month (NPAM) , an initiative for communities to implement programs and initiatives to encourage increased physical activity, and decrease non-active time; such as, watching TV, computer, and video games. NPAM encourages community programming at the local level that meets community-specific needs and interests while at the same time allowing an opportunity for partnership building. Physical activity programs and initiatives are community based, implemented by community organizers/groups, schools or workplaces. Congratulations go to: Bell’s Point Elementary School in Air Ronge for winning the grand prize draw for schools and communities. Congratulations to Population Health Unit for winning the grand prize draw for work places. |
| Northern Roundtable – Recreation Infrastructure – Rinks & Streets | This year’s Northern Roundtable – Recreation Infrastructure – Rinks & Streets was on June 16,17 th and served as a forum focusing on the link between major facilities like arenas and their influence physical activity in the north. Our Annual General Meeting was linked in to this event. Topics included how we build our communities to increase physical activity, how arenas are used, certification needs of arena operators, and the exciting launch of the |

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| | Arena Operators Community Mentorship Program. Funding for the program was provided by Saskatchewan In Motion, NLS#113 and NSCRD. |
| International Walk to School & in motion Month* | October is International Walk to School (IWALK) and in motion Month. IWALK is a program developed to increase time spent walking and physical activity in northern communities and schools. IWALK encourages community programming at the local level that meets community-specific needs and interests while at the same time allowing an opportunity for partnership building. Physical activity programs and initiatives are community based, implemented by community schools, organizers/groups, or workplaces. Grand prizes draws will go to: Schools & Work Places this November. Get your IWALK package at www.nscrd.com . |
| Physical Activity Policy Package for School & Education | A package of information with ideas for action at all levels of involvement in the education system: School Division Boards/Education Authorities, School Community Councils/Parent Councils, Administrators, Teachers, Parents, and Students; as well as, sample physical activity policies, a policy checklist and resource list. |
| Youth Development/ Leadership | Contact information as listed. |
| 40 Development Assets of Youth Developmental Assets Workshop | Everyone's an Asset Builder: Integrating Developmental Assets into Your Life is a training session that introduces participants to Search Institute's developmental assets framework and invites them to become asset builders in their personal and professional lives. Sharing the Assets Message: is training designed to equip participants to share Search Institute's developmental assets framework through the effective delivery of asset – building messages in various forms to multiple audiences within the community. Brandy Smart (922-2004) and Judy MacLeod Campbell (922-2008) are trained by Search Institute to deliver both of these four-hour workshops. |
| Play Leadership North | The Play Leadership North Program is a training program for youth and young adults who lead summer (and all year) sport, culture and recreation programs in their communities. The workshop will help to develop leadership skills required to lead play activities through first hand, practical experience. The intent of Play Leadership is to develop quality recreation leaders and programming in all northern communities. Play Leadership is certified through the Saskatchewan Parks and Recreation Association and coordinated by the NSCRD. We coordinated two Play Leadership North workshops this June in La Ronge (June 24-26) and Stony Rapids (June 27-29). |
| Community Development | Contact information as listed under each program or initiative. |
| Community Development Support Tools | The NSCRD has many tools that the Community Relations Coordinators and all staff use to provide or support our member communities with. Examples include; the new Community Recreation Handbook, the community profiles, a program planning template, sample needs assessments, and more. The Community Recreation Handbook is a comprehensive guide for our member communities/community recreation that is practical and helps communities formalize their recreation services, as well as acknowledges the profession. |
| Northern Community & School Recreation Coordinator Program (NC&SRCP) | The Northern Community & School Recreation Coordinator Program A program in Partnership with: Northern Municipal Communities, First Nations Communities, Community Sport, Culture and Recreation Organizations, Northern Education Divisions, First Nations Education Authorities, and The Northern Sport, Culture and Recreation District. The purpose of the Northern Community & School Recreation Coordinator Program (NC&SRCP) is to enhance the quality of life for northerners through the provision of community based sport, culture and recreation programs after school, in the evenings, on weekends; at community and school special events. Community & School Recreation Coordinators (CSRC's) are employed to facilitate the delivery of sport, culture and recreation programs, using the school as a major asset of the community in partnership with other community based organizations providing sport, culture and recreation programs, services and facilities. Training is provided in relation to the NC&SRCP three times a year in October, February and June. Contact: Brandy Smart , Program Manager for the NC&SRCP NSCRD Satellite Office: #301 1008 1 st Avenue West Prince Albert, SK. S6V 4Y4 |

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| | 922-2004 (phone) 922-2021 (fax) Email: bsmart@nscrd.com |
| Community Grant Program | The Community Grant Program assists in the development of sport, culture, and recreation programs in the community. Funds are distributed through local governments. Deadlines are April 1 and October 1 annually, funding based on population. Contact your Community Relations Coordinator for your service area or the Northern Sport, Culture and Recreation District at 425-3127 or 1-877-777-6722 www.nscrd.com . |
| 2013 Northern Saskatchewan Sport, Culture & Recreation Festival (NSSCRF) | The purpose of the 2013 Northern Saskatchewan Sport, Culture & Recreation Festival (NSSCRF) is to bring youth, families, and communities from Northern Saskatchewan together to participate, learn, develop, and celebrate through sport, culture and recreation. It is a major Festival held every four years. We are pleased to work with a tri-community partnership with Lac la Ronge Indian Band, the Town of La Ronge and the Village of Air Ronge to host the NSSCRF in February 2013. |
| Community Sport, Culture and Recreation Entities | The NSCRD will support the establishment/formalization of community sport, culture and recreation entities (i.e. boards, committees, inter-agency, etc.). |
| Program Planning Guide & Facilitated Workshops | Communities can use the Program Planning Guide & Facilitated Workshops to plan their sport, culture, recreation and physical activity programs and initiatives. This planning may be done within one organization or the whole community (all sectors/organizations that deliver sport, culture, recreation and physical activity) or both. NSCRD staff is available to assist with program plan development. The emphasis on program planning is on community input, needs, and assets or strengths. Sample needs assessments are available by contacting the NSCRD. The program planning template is available on the web site under the following link: http://www.nscrd.com/pdf/2009/Program-Planning-BlackWhite-Jan09.pdf . |
| Northern SK Grant Listing | The Northern SK Grant Listing document is updated twice per year with all pertinent sport, culture, recreation, physical activity and youth leadership funding available to the North. Available on the web site www.nscrd.com or contact your service area Community Relations Coordinator. |
| Inter-community planning and programs | The NSCRD will support communities with their desire for inter-community sharing and planning as requested. |
| Sport, Culture & Recreation Community Facilities/Infrastructure | The NSCRD will support communities in the development and maintenance of their community sport, culture and recreation infrastructure (i.e. facility maintenance clinics, links to supporting resources, etc.). Check out our new program – Arena Operators Community Mentorship – designed to help support arena operators in the north with hands on job training, academic support and an altered exam format. Go to www.nscrd.com for more information. |
| Sport, Culture, and Recreation Sector Employee Recruitment and Retention | The NSCRD will research employee recruitment and retention in the sport, culture and recreation sector in northern Saskatchewan. |
| Partnerships | The NSCRD will work in partnership with our global organizations (Sask Sport, SaskCulture and Saskatchewan Parks & Recreation Association), northern tribal/grand councils, affiliated members, as well as other sectors and organizations to support sport, culture, recreation, physical activity, and youth leadership development in northern Saskatchewan. Committee participation and/or partnerships will be formalized where appropriate. |



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