



# Want some coaching development in your Community?



*Are you interested in becoming a coach in your community? Do you want some basic information on coaching without having to take a big long 13 hour course? Are you wanting to incorporate culturally relevant content into your sports programs? Are you wanting to better understand and coach your Aboriginal athletes?*

**If so then check these workshops out!!!**

## **Introduction to Coaching**

The Introduction to Coaching is a workshop that is three hours long and the information presented in the workbook is intended to inform beginner coaches of the most important issues involved in coaching, and to generate further thought about the role of the coach. The workshop is presented in three sections: The role of the coach, physical preparation and planning. Hosting an Introduction to Coaching workshop is a great way to get young people from your community interested in coaching and leadership!

## **Aboriginal Coaching Modules**

The Aboriginal Coaching Modules course incorporates Aboriginal cultural content into the basics of sport and coaching. This course is intended to: provide culturally relevant courses for Aboriginal coaches and athletes; increase the understanding and awareness of non-aboriginal coaches that are coaching Aboriginal athletes and to understand the application of Aboriginal culture in sport and coaching. Hosting an Aboriginal Coaching Module course not only creates an environment for better understanding in sport, it's content is beneficial for all type of cross-cultural coaching and relationships.

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*The Aboriginal Coaches & Officials Program (ACOP) would like work with northern schools and/or communities that would be interested in hosting one of the above mentioned workshops! There is no registration fee or cost to hosting the program! If you would like to host a workshop please complete and return this form by **January 31, 2008** to the Northern Sport, Culture & Recreation District (NSCRD) by fax 306-425-4036. For more information call Kerry Bailey, Program Manager for Sport & Recreation at 306-425-3127 ext. 2 or 1-877-777-6722.*

### **ACOP Coaching Development Request Form:**

Our \_\_\_\_\_ (name of school/community) would like to host the Intro to Coaching or Aboriginal Coaching Modules (circle one) workshop. We would like to host it on one of the following potential dates: \_\_\_\_\_ or \_\_\_\_\_.  
Please contact \_\_\_\_\_ at (306) \_\_\_\_\_ - \_\_\_\_\_ or by fax (306) \_\_\_\_\_ - \_\_\_\_\_.